



Asociatia

everest



ONLINE MENTORING AND PROFESSIONAL PEER COACHING SKILLS FOR YOUTH TRAINING

TRAINING FOR YOUNG MENTORS IN KLAIPEDA

Blended mobility of learners in Mentorship skills and career guidance represents the first phase of piloting the blended learning inter-cultural training. It includes 4 young participants over 20 from each partner organization. It takes place in March 2019, in Klaipeda, Lithuania, being organized by Kurybines ateities idejos and gave participants the opportunity of learning in an intercultural and multiprofessional environment, as 6 countries will be represented.

BALKAN

CREATIVE

FUTURE IDEAS

stitute

LUDOR

ENGINEERING

Online Mentoring and professional peer coaching skills four youth training (ON LINE MENTOR)

Blended mobility of young people

13 - 17.05.2019 Klaipeda, Lithuania

The training last for 5 days of face to face participation, 6 hours per day, it was preceded by the online Mentorship skills and career guidance training and followed by a period of follow up during which the platform and information and communication technologies also were used, such us conference calls, social media, a forum.

The online training has a total duration of 5 hours, while the face to face event will last 30 hours.



MAY 2019



AGENDA

The participants were introduced the training materials created during the project and informal and non-formal teaching methods were used, according to the curricula and materials elaborated. The trainers who provide the Mentorship skills and career guidance for learners were trainers who participated in the TOT.

- 1. Introduction to mentorship and career guidance
- 2. Mentorship area. Benefits and positive effects of mentorship and career guidance
- 3. The components of mentoring process
- 4. Competencies and qualities of a mentor
- 5. Critical thinking, adaptation to the regular changes in professional area in mentoring process
- 6. Empathy and non-discrimination of learners in mentoring process

Training outcomes:

COMMUNICATION IN MOTHONGUE

used mother tongue within national group, through various activities, could learn to other participants some words, like greetings, cheering ect.

COMMUNICATION IN FOREIGN LANGUAGE

Through different activities, intercultural evenings ect, memorize some important words in other languages, learnt about different cultures which helped to understand better and to be more open to other participants.

MATHEMATICAL COMPETENCE AND BASIC COMPETENCES IN SCIENCE AND TECHNOLOGY

operate with different currencies, monitored the expenses for the cultural evening. During the project there were a couple of topics and working groups in technology and science. These made possible to gain information and more knowledge in these topics.

DIGITAL COMPETENCE

Usage of computer everyday for different topics presentations. Building a facebook group. Communicating via email and facebook.

LEARNING TO LEARN

could realize better that his way to learn and perceive better is through practice, exercises and from peers, assimilate more information and knowledge by working in groups.

SOCIAL AND CIVIC COMPETENCES

explored and understand other values and traditions. Working together for different activities, presenting his local reality, sharing experience

SENSE OF INITIATIVE AND ENTREPRENEURSHIP

improve the ability to express ideas, organize and put them into practice.

CULTURAL AWARENESS AND EXPRESSION

share own culture, to learn about other cultural heritage and traditions through dancing, playing and singing.

OTHER SPECIFIC SKILLS

self-presentation, presentation related to the participants' career creation, cultivating national heritage, establishing social dialogue, rivalry devoid of negative feelings, techniques of networking, working in international team, understanding about mentoring, Benefits and positive effects of mentorship and career guidance, The components of mentoring process, Critical thinking, adaptation to the regular changes in professional area in mentoring process, Empathy and nondiscrimination of learners







